

The Intellectual Retiree By Tara Martinez

It's never too late to learn something new. While some may view retirement as the closing chapter in one's life, many view it as the very beginning. Retirees who seek new educational and social experiences should look no further than Riverhead or Stony Brook.

The Center for Creative Retirement at Long Island University in Riverhead offers a wide variety of courses and activities. Becoming a member requires paying an annual fee for use of all of the program's benefits.

At the forefront of the Center's mission is creativity. Members participate in study groups, seminars and round table discussions as well as share responsibility for developing a curriculum they wish to follow. The program's curriculum typically consists of five major components: current affairs, literature and the arts, social sciences, science and various workshops. Specific program highlights include trips to museums, art galleries and historic sites as well as meetings with local literary and artistic personalities.

Phil Metzger, Director of the Center, suggests that members thoroughly enjoy learning and discovering new things. "Many of them will tell me that they didn't

know that much about a new subject and they enjoy getting into things that they haven't before," he said. When asked if he thought members were surprised at their ability to achieve new things intellectually even after retirement his answer was an



emphatic no. "I don't think they feel that because they're retired that they have less incentive to learn new things. They want, expect and enjoy that." For more information about the Center for Creative Retirement call 631-287-8334 (www.liu.edu/Riverhead/CE/CCR.aspx).

Stony Brook's Osher Lifelong Learning In-

stitute (OLLI) offers a similar program, which also requires members to pay an annual fee. The program meets five days a week, and provides over 90 courses and workshops. Similar to LIU's program, OLLI allows members to take responsibility for their intellectual enrichment by fostering peer-taught workshops.

"The idea of the program is extended life learning. Members come here to study things they never got to before. At this age, many are interested in memoir writing and poetry, filmmaking and music. We offer a tremendous amount of photography courses. We also offer chess and bridge which are highly suggested for seniors to stave off Alzheimer's," said Janet McLean, the program's director.

A core focus of the four-time award winning program is developing a sense of community within the classroom. "It's very convivial. The people love being here. They love the university. It's safe and comfortable here. It's a place for people of retirement age to make friends and become interested in things they haven't done before," said McLean. For more information on the Osher Lifelong Learning Institute call 631-632-7056 (www.stonybrook.edu/spd/olli/).



Randy's Mom, Sheila, raised Randy and his brother as a single Mom and taught them the value of hard work.

RANDY ALTSCHULER opposes Obamacare, and will always fight to protect and preserve Medicare and Social Security.

His 10-point plan for Long Island will create local jobs and grow Long Island's economy, which will help reduce the property tax burden on homeowners struggling to make ends meet.

A new direction for
Suffolk County

RANDY ALTSCHULER

PAID FOR BY ALTSCHULER FOR CONGRESS **FOR CONGRESS**

Call Randy's campaign for more information at 631-775-9230 or visit www.Randy2012.com

dental implants

For Loose Dentures and Missing Teeth

DR. NORMAN M. RUBIN

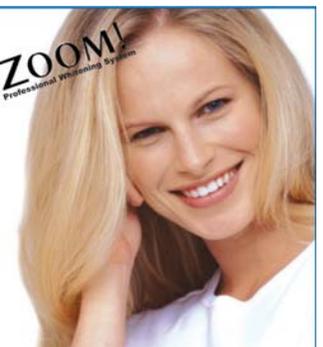
New State Of The Art Location

- Family Dentistry • Emergencies Seen Same Day
- Crowns • Dentures • Extractions • Fillings
- Root Canal Therapy • Affordable Quality Care
- Cosmetic Bonding and Bleaching

Over 20 Years Of Dental Experience

www.DrRubin.dentistryonline.com

23 Route 111 • Smithtown, NY
(631) 724-3399



ZOOM!
Professional Whitening System

CALL FOR A FREE CONSULTATION



Bristol
FINANCIAL SERVICES
Michael Hartzman, CFP
President

- ANNUITIES
- FIXED INCOME INVESTMENTS
- MUTUAL FUNDS
- LONG TERM CARE PLANNING
- COLLEGE SAVINGS PLANS
- BONDS AND STOCKS
- LIFE INSURANCE

BRISTOL FINANCIAL SERVICES

255 Executive Drive Suite 209, Plainview, NY 11803
Phone 516-349-5555

visit our website at www.Bristol-Financial.com
Securities offered through Bristol Financial Services, Members FINRA, SIPC.
255 Executive Drive, Suite 209, Plainview, NY 11803